Inventory of the
Frederica Daly Papers, 1923 - 2004
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Descriptive Summary

Title: Frederica Daly Papers,

Dates: 1923 - 2004

Creator: Daly, Frederica Y.

Abstract: Frederica ("Freddy") Daly (born 1925) was a licensed psychologist and educator with over 30 years of teaching, training, counseling, clinical, and administrative experience. Daly specialized in adolescents, veterans, substance abusers, and families in treatment facilities, hospitals, and universities.

The collection contains correspondence, writings, and other items documenting the personal and professional interests of Frederica Daly. Personal materials include correspondence, genealogical research, photographs, and educational records such as Daly's transcripts, master's thesis, and dissertation. Professional materials chiefly relate to Frederica Daly's career as a mental health professional, including presentations given by Daly at various workshops, conferences, and seminars. Daly's presentations and professional writings focus on substance abuse as well as race, gender, and culture, particularly on issues related to Native American women. Professional correspondence, agendas, institutional documents, and certificates reflect Daly's clinical practice and academic appointments at institutions such as George Junior Republic Association, Inc., Empire State College, the University of New Mexico, and the Veterans Administration Medical Center in Albuquerque, New Mexico. The collection also contains diaries, sketchbooks, and creative writing by Daly. Dating from 1961 to 2004, Daly's journal entries contain reflections, pasted-in clippings and correspondence, and drawings that reflect her life experiences, daily meditations, and world travels, especially in the American Southwest, Central America, and South America. Themes include spirituality, sexuality, gender and cultural issues, personal growth and self-development.

Extent: 12.75 linear feet (26 archival boxes)

Repository: Avery Research Center at the College of Charleston

Call Number: AMN 1111

Language of Material: Material in English

Biographical Note

Frederica ("Freddy") Daly was a licensed psychologist and educator with over 30 years of teaching, training, counseling, clinical, and administrative experience. Daly specialized in adolescents, veterans, substance abusers, and families in treatment facilities, hospitals, and universities.
Frederica Selone Young was born on February 14, 1925 in Washington, D.C. to Samuel Young and Geneva Sharper. She graduated from the District's Dunbar High School in 1942. Attending Howard University, she studied psychology and earned her bachelor's degree in 1947. She earned her master's of science from Howard University in 1948. In 1952, she matriculated into Cornell University's psychology department, where she earned her doctorate in 1956. She became a licensed psychologist in 1958.

Daly's career as a mental health professional spanned a variety of associations, professional settings, and programs. She worked for George Junior Republic as a Director of Social Services and Empire State College as an Associate Professor. Daly also held other positions in and around Washington, D.C. and New York that involved research, teaching, professional training, and counseling. In 1979, Daly began teaching at the University of New Mexico as an Assistant Professor. She later joined the Department of Veteran's Affairs Medical Center in Albuquerque, New Mexico as Coordinator of the Alcohol Dependence Program and Clinical Psychologist.

Over the course of her professional career, Daly gave numerous lectures. Her work appeared in several publications including Freedomways. A large body of her research dealt with issues of race, gender, and culture.

An international traveler, Daly visited numerous places such as India and South America. In her private life, Daly has practiced numerous arts and crafts. Her personal interests include journaling, poetry, and painting.

Over the course of her life, Frederica has had several last names, including Jefferson, Rice, Martineau, Young, and, lastly, Daly.

Collection Overview

The collection contains correspondence, writings, and other items documenting the personal and professional interests of Frederica Daly. Personal materials include correspondence, genealogical research, photographs, and educational records such as Daly's transcripts, master's thesis, and dissertation. Professional materials chiefly relate to Frederica Daly's career as a mental health professional, including presentations given by Daly at various workshops, conferences, and seminars. Daly's presentations and professional writings focus on substance abuse as well as race, gender, and culture, particularly on issues related to Native American women. Professional correspondence, agendas, institutional documents, and certificates reflect Daly's clinical practice and academic appointments at institutions such as George Junior Republic Association, Inc., Empire State College, the University of New Mexico, and the Veterans Administration Medical Center in Albuquerque, New Mexico. The collection also contains diaries, sketchbooks, and creative writing by Daly. Dating from 1961 to 2004, Daly's journal entries contain reflections, pasted-in clippings and correspondence, and drawings that reflect her life experiences, daily meditations, and world travels, especially in the American Southwest, Central America, and South America. Themes include spirituality, sexuality, gender and cultural issues, personal growth and self-development.

Collection Arrangement

1. Biographical, 1923-1995
3. Diaries, 1961-2004
Restrictions

Access Restrictions

No restrictions.

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Subject Headings

African American psychologists -- New Mexico.
African American psychologists -- New York.
Blacks -- Race identity -- 20th century.
African American women -- Diaries.
Clinical psychologists -- New Mexico.
Clinical psychologists -- New York.
Daly, Frederica Y.
Daly, Frederica Y. -- Diaries.
Diarists -- New Mexico -- 20th century.
Diarists -- New York -- 20th century.
Indian women -- North America -- Social conditions.
Indians of North America -- Religion.
Indians of North America - Substance use -- United States.
Marginality, Social -- United States -- History -- 20th century.
New Mexico -- Social conditions.
Psychologists -- New Mexico.
Psychologists -- New York.
Substance abuse -- United States -- History -- 20th century.
Veterans -- Mental health services -- United States.

Veterans Administration Medical Center (Albuquerque, N.M.) -- Officials and employees.

Women -- New Mexico -- Social conditions.

Women -- United States -- Social conditions.

Women psychologists -- New Mexico.

Women psychologists -- New York.

**Administrative Information**

**Preferred Citation**

[Identification of item], Frederica Daly Papers, Avery Research Center, College of Charleston, Charleston, SC, USA.

**Processing Information**

Processed by Andrew Grimball and Amanda Ross, April 2011

Encoded by Andrew Grimball and Amanda Ross, May 2011

Funding from the Council on Library and Information Resources supported the collection processing and encoding of this finding aid.
Detailed Description of the Collection

1. Biographical, 1923-1995

Arranged chronologically.

This series contains materials related to Frederica Daly's lifespan, with official certificates ranging from her birth certificate to her retirement certificate. Other credentials include educational materials such as her college transcripts, dissertation, and psychology license. Personal materials include personal correspondence, genealogical research, and photographs.

- **Box 1 Folder 1**
  - Family Members, 1923-1987
    - Includes the 1923 yearbook of Daly's mother, Geneva Sharper Young, and a photograph and funeral service program of Daly's father, Samuel Young.

- **Box 1 Folder 2**
  - Birth Certificate, 1925

- **Box 1 Folder 3**
  - Photographs, 1929-circa 1995

- **Box 1 Folder 4**
  - Dunbar High School: Yearbook, 1942

- **Box 1 Folder 5**

- **Box 1 Folder 6**
  - Transcripts, 1942-1955

- **Box 1 Folder 7**
  - Howard University: Yearbook, 1947

- **Box 1 Folder 8**
  - Howard University: Master's Thesis, 1948
    - Includes master's thesis entitled "A Phenomenological Study of the Modes of Procedure in the Rational Memory of Prose Material."

- **Box 1 Folder 9**
  - Washington School of Psychiatry: Course Schedule, 1951-1952

- **Box 1 Folder 10**
  - Cornell University, 1956
    - Includes Pi Lambda Theta membership invitation, certificate of graduation, and dissertation entitled "Fostering Cooperative Attitudes in Children through an Action Program."

- **Box 1 Folder 11**

- **Box 1 Folder 12**
  - Personal Correspondence, 1979-1984, undated

- **Box 1 Folder 13**
  - Genealogical Research, circa 1994

- **Box 1 Folder 14**
  - Seventieth Birthday, 1995

- **Box 1 Folder 15**
  - Dunbar High School Newsletter, 1995


Arranged chronologically.
This series contains materials related to Frederica Daly's career as a mental health professional with various associations, schools, and programs. A significant number of items consist of presentations given by Daly at various workshops, conferences, and seminars. Other items include documentation from her time at places such as George Junior Republic Association, Inc.; Empire State College; The University of New Mexico; the Veterans Administration Medical Center in Albuquerque, New Mexico; the Young Women's Christian Association; and various other committees on which she served. This series also includes Daly's professional writings, which appeared in journals such as *Genes and Gender* and *Freedomways*.

### 2.1. Professional Activities, 1962-1995

<table>
<thead>
<tr>
<th>Box</th>
<th>Folder</th>
<th>Description</th>
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<tbody>
<tr>
<td>2</td>
<td>16-35</td>
<td>Workshops, Conferences, and Seminars: Presentations by Frederica Daly, 1962-1987 and undated</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Includes the text of presentations and speeches delivered by Frederica Daly at various professional conferences, workshops, and seminars.</td>
</tr>
<tr>
<td>3</td>
<td>36</td>
<td>Workshops, Conferences, and Seminars: Correspondence and Schedules, 1964-1990</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Includes correspondence and schedules related to workshops, conferences, and seminars attended by Frederica Daly, chiefly related to the mental health profession and field of psychology. At a number of functions, Daly presented and, at times, served as coordinator.</td>
</tr>
<tr>
<td>3</td>
<td>37</td>
<td>George Junior Republic Association, Inc., 1965-1973</td>
</tr>
<tr>
<td>3</td>
<td>38</td>
<td>Brooklyn College, 1973-1974</td>
</tr>
<tr>
<td>3</td>
<td>39</td>
<td>Empire State College, State University of New York, 1973-1980</td>
</tr>
<tr>
<td>3</td>
<td>41</td>
<td>Certificates, Honors, Awards, and Recognitions, 1973-1987</td>
</tr>
<tr>
<td>3</td>
<td>42</td>
<td>Professional Committees and Associations, 1976-1987</td>
</tr>
<tr>
<td>3</td>
<td>43</td>
<td>Martin Luther King, Jr. Health Center, 1976</td>
</tr>
<tr>
<td>3</td>
<td>44</td>
<td>Volunteer School for Adults, 1976</td>
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<td>3</td>
<td>45</td>
<td>Bernalillo County Juvenile Forensic Program (Albuquerque, New Mexico), 1979-1981</td>
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<td>3</td>
<td>46</td>
<td>University of New Mexico, 1980-1985</td>
</tr>
<tr>
<td>3</td>
<td>47</td>
<td>Veterans Administration Medical Center (Albuquerque, New Mexico), 1981-1987</td>
</tr>
<tr>
<td>3</td>
<td>48</td>
<td>Sunbow 5 Walkers, 1995</td>
</tr>
</tbody>
</table>

### 2.2. Professional Writings, 1964-1994

<table>
<thead>
<tr>
<th>Box</th>
<th>Folder</th>
<th>Description</th>
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<tr>
<td>4</td>
<td>49</td>
<td>&quot;The Fruit of Action with the Culturally Deprived&quot; in <em>Community Education</em>, Spring 1964</td>
</tr>
<tr>
<td>4</td>
<td>50</td>
<td>&quot;Those We Serve&quot; in <em>Community Education</em>, Summer 1964</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Article has been removed from journal.</td>
</tr>
<tr>
<td>4</td>
<td>51</td>
<td>&quot;To Be Black, Poor, Female and Old&quot; in <em>Freedomways</em>, November 1976</td>
</tr>
</tbody>
</table>
Box 4 Folder 52  "Comments on 'Science and Racism'" in *Genes and Gender*, volume 1, 1978

Box 4 Folder 53  "Perspectives of Native American Women on Race and Gender" in *Genes and Gender*, volume 7, 1994

Box 4 Folder 54  "Perspectives of Native American Women on Race and Gender" in *Genes and Gender*, volume 7, 1994: Drafts and Revisions

Box 4 Folder 55-58  Research Materials: Gender

<table>
<thead>
<tr>
<th>Box</th>
<th>Folder</th>
<th>Description</th>
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<tbody>
<tr>
<td>5</td>
<td>59</td>
<td>Travel Diary, 1961-1962 and 1975</td>
</tr>
<tr>
<td>5</td>
<td>60</td>
<td>Diary, April 1969 to 1982</td>
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<tr>
<td>5</td>
<td>61</td>
<td>Diary, April 1969 to July 1970</td>
</tr>
<tr>
<td>5</td>
<td>62</td>
<td>Diary, December 1970 to January 1971</td>
</tr>
<tr>
<td>5</td>
<td>63</td>
<td>Diary, March 1970 to January 1978</td>
</tr>
<tr>
<td>5</td>
<td>64</td>
<td>Diary, August 1975</td>
</tr>
<tr>
<td>5</td>
<td>65</td>
<td>Diary, November 1976 to December 1976</td>
</tr>
<tr>
<td>5</td>
<td>66</td>
<td>Diary, April 1977</td>
</tr>
<tr>
<td>5</td>
<td>67</td>
<td>Diary, November 1981 to February 1982</td>
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<td>6</td>
<td>68</td>
<td>Diary, February 1982 to March 1982</td>
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<tr>
<td>6</td>
<td>69</td>
<td>Diary, March 1982 to April 1982</td>
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<tr>
<td>6</td>
<td>70</td>
<td>Diary, June 1982 to July 1982</td>
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<tr>
<td>6</td>
<td>71</td>
<td>Diary, October 1982 to December 1982</td>
</tr>
<tr>
<td>7</td>
<td>72</td>
<td>Diary, January 1983 to February 1983</td>
</tr>
<tr>
<td>7</td>
<td>73</td>
<td>Diary, March 1983 to June 1983</td>
</tr>
</tbody>
</table>

3. Diaries, 1961-2004

This series contains diaries created by Frederica Daly that focus on her world travels, life experiences, daily meditations, thoughts, and feelings. The diaries include written journal entries, e-mail printouts of personal correspondence, greeting cards from family and friends, clippings from newspapers and magazines, pamphlets, and brochures as well as sketches, drawings, and other artwork by Daly. The chronological order shows a progression among the diaries from more random and varied entries towards more standardized and formulaic entries. Diaries frequently contain name and contact information of acquaintances at the back. Entries focus on discussion of dreams, sexuality and the inner-self, Native Americans, and travels and experiences with a focus on the American Southwest, Central America, and South America. Other themes include psychology, spirituality, gender and cultural issues, personal growth, and self-development.
| Box 7 Folder 74 | Diary, February 1984 to September 1984 |
| Box 7 Folder 75 | Diary, October 1984 to April 1985 |
| Box 8 Folder 76 | Diary, May 1985 to July 1985 |
| Box 8 Folder 77 | Diary, July 1985 to December 1985 |
| Box 8 Folder 78 | Diary, "1986" |
| **Includes loose passages from August 1979 as well as later commentary, circa 1980s.** |
| Box 8 Folder 79 | Diary, January 1986 to October 1986 |
| Box 8 Folder 80 | Diary, November 1986 to July 1987 |
| Box 8 Folder 81 | Diary, August 1987 to December 1987 |
| Box 9 Folder 82 | Diary, January 1988 to June 1988 |
| Box 9 Folder 83 | Diary, June 1988 to November 1988 |
| Box 9 Folder 84 | Diary, October 1988 |
| Box 9 Folder 85 | Diary, October 1988 to March 1989 |
| Box 9 Folder 86 | Diary, April 1989 to June 1989 |
| Box 10 Folder 87 | Diary, June 1989 to October 1989 |
| Box 10 Folder 88 | Diary, October 1989 to January 1990 |
| Box 10 Folder 89 | Diary, February 1990 to April 1990 |
| Box 10 Folder 90 | Diary, May 1990 |
| Box 10 Folder 91 | Diary, June 1990 to August 1990 |
| Box 11 Folder 92 | Diary, August 1990 to October 1990 |
| Box 11 Folder 93 | Diary, November 1990 to January 1991 |
| Box 11 Folder 94 | Diary, January 1991 to April 1991 |
| Box 11 Folder 95 | Diary, April 1991 to June 1991 |
| Box 11 Folder 96 | Diary, June 1991 to September 1991 |
| Box 12 Folder 97 | Diary, September 1991 to November 1991 |
| Box 12 Folder 98 | Diary, November 1991 to December 1991 |
| Box 12 Folder 99 | Diary, January 1992 to February 1992 |
| Box 12 Folder 100 | Diary, March 1992 to April 1992 |
| Box 12 Folder 101 | Diary, May 1992 to July 1992 |
Box 13 Folder 102 Diary, July 1992 to October 1992
Box 13 Folder 103 Diary, October 1992 to December 1992
Box 13 Folder 104 Diary, January 1993 to February 1993
Box 13 Folder 105 Diary, March 1993 to April 1993
Box 13 Folder 106 Diary, April 1993 to June 1993
Box 14 Folder 107 Diary, July 1993 to September 1993
Box 14 Folder 108 Diary, September 1993 to October 1993
Box 14 Folder 109 Diary, October 1993 to December 1993
Box 14 Folder 110 Diary, January 1994 to February 1994
Box 15 Folder 111 Diary, March 1994 to April 1994
Box 15 Folder 112 Diary, May 1994 to June 1994
Box 15 Folder 113 Diary, July 1994 to November 1994
Box 15 Folder 114 Diary, July 1994 to September 1994
Box 15 Folder 115 Diary, September 1994 to November 1994
Box 16 Folder 116 Diary, December 1994
Box 16 Folder 117 Diary, January 1995 to March 1995
Box 16 Folder 118 Diary, April 1995 to June 1995
Box 16 Folder 119 Diary, June 1995 to August 1995
Box 17 Folder 120 Diary, September 1995 to November 1995
Box 17 Folder 121 Diary, December 1995 to February 1996
Box 17 Folder 122 Diary, March 1996 to May 1996
Box 17 Folder 123 Diary, June 1996 to August 1996
Box 18 Folder 124 Diary, August 1996 to October 1996
Box 18 Folder 125 Diary, November 1996 to December 1996
Box 18 Folder 126 Diary, January 1997 to March 1997
Box 18 Folder 127 Diary, April 1997 to June 1997
Box 19 Folder 128 Diary, July 1997 to October 1997
Box 19 Folder 129 Diary, November 1997 to December 1997
Box 19 Folder 130 Diary, January 1998 to February 1998
Box 19 Folder 131  Diary, March 1998 to May 1998
Box 19 Folder 132  Diary, June 1998 to August 1998
Box 20 Folder 133  Diary, September 1998 to December 1998
Box 20 Folder 134  Diary, January 1999 to February 1999
Box 20 Folder 135  Diary, March 1999 to April 1999
Box 20 Folder 136  Diary, May 1999 to July 1999
Box 21 Folder 137  Diary, August 1999 to November 1999
Box 21 Folder 138  Diary, December 1999 to February 2000
Box 21 Folder 139  Diary, March 2000 to June 2000
Box 21 Folder 140  Diary, July 2000 to September 2000
Box 22 Folder 141  Diary, October 2000 to December 2000
Box 22 Folder 142  Diary, January 2001 to March 2001
Box 22 Folder 143  Diary, April 2001 to June 2001
Box 22 Folder 144  Diary, July 2001 to October 2001
Box 23 Folder 145  Diary, November 2001 to December 2001
Box 23 Folder 146  Diary, January 2002 to March 2002
Box 23 Folder 147  Diary, April 2002 to July 2002
Box 23 Folder 148  Diary, August 2002 to December 2002
Box 23 Folder 149  Diary, January 2003 to March 2003
Box 24 Folder 150  Diary, April 2003 to July 2003
Box 24 Folder 151  Diary, August 2003 to December 2003
Box 24 Folder 152  Diary, January 2004 to May 2004
Box 24 Folder 153  Diary, June 2004 to October 2004
Box 24 Folder 154  Diary, November 2004 to December 2004


This series contains sketchbooks of watercolor paintings, chiefly from a Chinese brush painting class. Some sketchbooks include loose material related to the art class.

Box 25 Folder 155  Sketchbook, 1977
Box 25 Folder 156  Sketchbook, 1983

This series contains poetry written by Frederica Daly, materials from workshops and continuing education classes she attended, as well as correspondence and newspaper clippings about the sculptor Elizabeth Prophet.

Box 25 Folder 159  "Better Two's"
Box 25 Folder 160  Poetry by Frederica Daly
Box 25 Folder 161  "The Day I Died" and "Lost Worlds" in Highland Horizons, 1994
Box 25 Folder 162  Intensive Journal Workbook
Box 26 Folder 163  Continuing Education: Elderhostel- Pueblo Indians, 1991
Box 26 Folder 164  Creative Writing Workshops, 1993-1994
Box 26 Folder 165  Newspapers: Albuquerque, New Mexico, 1996
Box 26 Folder 166  Research Materials: Elizabeth Prophet